

Caring

Volunteers Touching Lives, Lifting Spirits

Chino Valley, Prescott, Prescott Valley/Dewey Community Programs

Celebrating 25 Years!



People Who Care Board President Mike First presents flowers to Founder and first Executive Director Sarah Hoover-Meyer.

Volunteers Celebrate at 25th Anniversary Luncheon

Two of the more than 180 volunteers at the People Who Care 25th Anniversary Luncheon April 28 know better than anyone why that celebration was momentous – they were present at the very beginning of the organization.

PWC Founder and the first Executive Director Sarah Hoover-Meyer and 25-year volunteer Barbara Googe have seen this organization grow from an idea in Sarah's tiny kitchen office to the vibrant and vital nonprofit it is today.

In 1992, Sarah was newly retired as a counselor for Volunteer Interfaith Caregiver Program in Phoenix that helped homebound adults. "I thought every town ought to have a volunteer program like that, and I knew if it

Check out our new website! www.peoplewhocareaz.com

was going to happen in Prescott, I had to be involved."

So, with a handful of faith representatives, support from the Beatitudes Center's Developing Older Adult Resources in Phoenix, and service clubs and community individuals, People Who Care was born.

Barbara is not sure how she found out about People Who Care all those years ago, perhaps through a newspaper article, but she was hooked from the first orientation meeting.

- continued on page 2



Join us for an Evening with People Who Care

Dinner and Auctions
Saturday June 17, 2017 5pm
The Club at Prescott Lakes
311 Smoke Tree Lane, Prescott 86301

Entertainment by The Larry Kantor Quartet

Reservations: \$75 Per Person **%** \$600 Table For Eight \$50.00 of each reservation is tax deductible.

Please return the enclosed card with check or credit card payment. \\





Executive Director Fritzi Mevis and Sarah Meyer present the 25-year service award and pin to Barbara Googe.

- continued from page 1

"I was assigned a gal to take her shopping. I took her every week; she was my permanent client. We had a great time together," Barbara said.

Barbara continues her volunteer service three or four times a month, filling in for volunteers with ongoing assignments when a substitute is needed to help the Neighbor with grocery shopping. "Sometimes, we're about the only person a Neighbor sees."

In 1993, a start-up grant from the Public Welfare Foundation gave the group the boost they needed, and the Prescott United Methodist Church gave them space to operate.

"We had no forms, no computers and only a very simple brochure to tell people what we were doing," Sarah said. "Right away though, Catholic Social Services and area hospitals became aware of our help for people they were serving."

Needless to say, the organization grew and grew. "The need was so great," said Sarah, and "this is a great town for volunteering."

Barbara and Sarah agree that one of the great strengths of People Who Care is that the volunteers only do what they can. "You only do what you want to do; we were very strict about that," Sarah said.

That versatility has kept Barbara involved. "You can pick your times to fit your schedule. Not only are you helping your neighbors, People Who Care is a good outlet for getting out of your house," she said. "It's a marvelous organization. I will continue volunteering as long as I can get my driver's license renewed."

Today, churches, service groups and nonprofit organizations are still involved in People Who Care. "Their support is important," said Fritzi Mevis, executive director, "but it's the volunteers who make this organization what it is. Their caring and their devotion to our Neighbors is why we're celebrating this year."

When Sarah looks back at how People Who Care has grown, she can't help but feel pleased. "It's a blessing. It's a great organization."

People Who Care Honors Volunteers for Going the Extra Mile



Prescott Program Manager Nancy Reynolds, right, presents the Extra Mile Award to June Horton.



Chino Valley Program Manager Marie Bernardo presents the Extra Mile Award to Bob Stroh.



Prescott Valley/Dewey Program Manager Sallie Stewart presented the Extra Mile Award to Cal Davies.

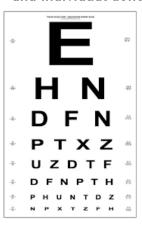
PWC Offers Free 'Confident Living with Low Vision' Course

If you are struggling with low vision, People Who Care's free course, "Confident Living with Low Vision," may help you learn how to deal with and live more confidently with this lifechanging challenge.

Among the topics that will be presented by vision professionals are:

- Medical conditions of the eye.
- Treatments and research.
- Modifications for everyday living.
- · Technology aids.
- Magnification devices.
- Nutrition and supportive resources.

Sponsored by the area Lions and Lioness clubs' Pancake Breakfast on Saturday, June 10, and individual donors, this six-



week course is free to Quad-City area residents.

The course is limited to 30 participants, and registration is required. Call 928-445-2480. A

close family member or friend is welcome to participate with you.

The six-week course takes place from 10 a.m. to noon on Sept. 6, 13, 27 and Oct. 4, 11, 18 on the Prescott United Methodist Church Campus, 505 W. Gurley St.

Please call 928-445-2480 right away to reserve your spot.

Stroke Support Groups Help Stroke Survivors and Their Families

When a stroke happens, lives can change forever, not just for the stroke survivor, but for family members as well. The journey to recovery can be difficult, but survivors and family members don't need to manage alone.

To help make the journey easier, People Who Care is sponsoring

Stroke Support Groups, featuring experts in speech pathology, social work and nursing.

The groups focus on ways to cope with the challenges and communicate with others facing the same circumstances. For stroke survivors, the meetings provide an opportunity to talk with other stroke victims. "People who have

PWC Stroke Support Groups
10:15 – 11:30 a.m.
First and Third Friday of every
month
Deborah Room
Prescott United Methodist
Church Campus
505 W. Gurley St., Prescott

had a stroke understand me better," said one participant. "People at the group have patience with my slow speech – other people don't," another group member said.

For family members, the groups provide a way to share with other family members. "Other family members understand what I'm going through," said a participant. Another family member said, "The family group helps me understand my spouse's stroke better."

The groups are facilitated by Marianne Simpson, a retired speech pathologist; Gayla Allen, a retired medical social worker, and Mara Protas, a retired cardiac RN.

Attendance is free. For more information, call People Who Care at 928-445-2480.



Gerry Kemp, a carpenter, suffered a severe stroke when he was 54, leaving him paralyzed and unable to speak. After treatment at three hospitals and eight years in a nursing home, he was able to move to an apartment. PWC volunteers take him shopping and to appointments. He rides his electric scooter to his PWC Stroke Support Group meetings. Gerry said the support group gives him a place to talk to help improve his speaking (aphasia). More importantly, getting to know other people with stroke has helped him understand his own stroke better. Pictured with him, from left, are: Marianne Simpson, Gayla Allen and Mara Protas.

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Support People Who Care When You Shop Online

If you shop at amazon.com, you can support People Who Care every time you make a purchase — at no cost to you. Amazon will donate a portion of the purchase price of eligible items to People Who Care.

It's easy. On your first online visit, go to www.smile.amazon.com. Log in and select People Who Care, Prescott, AZ, before you start shopping. You'll know you're in the right place because in the upper left hand corner you'll see "Supporting People Who Care."

Thank you!









Visit us at: Peoplewhocareaz.com

Like us on:





Please join us for a yummy breakfast with your family and friends and support People Who Care at the same time!

Prescott Area Lions/ Lionesses Clubs Present the

Thirty-Seventh Annual

Pancake Breakfast
7 -11 a.m.
Saturday, June 10
1st Congregational Church
Corner of Alarcon & Gurley
Streets

Tickets are only \$6.
Children under
12 eat free.

Tickets are available at the event or from any Lions or Lioness Club member.

Board Members Wanted

Would you be interested in sharing your gifts, experience and creative energy on the People Who Care Board of Directors?

If so, call Fritzi at 928-445-2480 for information about serving.

Check out our new website! www.peoplewhocareaz.com



Ways Our Volunteers Help Neighbors

People Who Care volunteers help their Neighbors in so many ways. These are some of them:

- Rides for healthcare and business appointments, support group meetings and visits to a family member in a healthcare facility.
- Rides for a grocery shopping trip and any help needed in the store and with carrying in groceries at home.
- Shopping for groceries for Neighbors who are not able or comfortable leaving their homes.
- Assistance with reading mail, writing checks to pay bills, reconciling the checkbook or writing personal notes to family and friends.
- Relief for full-time family caregivers for a few hours a week in order to give them a little time away and time on their own.
- A weekly friendly visit from a volunteer just spending time together sharing their lives past and present.
- Phone calls during the week to check in to see how everything's going this morning.
- A Guardian Angel personal emergency call device for Neighbors with limited incomes.
- A Project Safe Home safety visit to help prevent falls and accidents. Safety items and devices are provided when needed.

Give the Gift That Keeps on Giving

Legacy Gift Helps People Who Care Help Neighbors

People Who Care is working hard to grow its endowment fund so that Neighbors will continue to be helped now and in the future. You can help by leaving a legacy gift in your will.

Our endowment fund with the Arizona Community Foundation is a critical part of our financial strategy.

People Who Care receives the largest share of its funding from community members who support our mission to provide caring, nonmedical assistance to adults unable to drive because of physical limitations in order to help them continue living independently in their homes.

The endowment has a restricted amount of money that is invested in different funds and

earns a percentage of interest that can be returned each year to People Who Care.



We may choose to use the interest to support program costs or have the interest reinvested in the endowment fund. The fund will continue to grow in perpetuity.

Talk with your financial adviser about establishing your legacy gift, or call our office at 928-445-2480, for more information.

What you do today can make a difference that lasts forever.

Contributions November 1 through April 30, 2017

Thank You For Your Support!

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Martin Keller by Martin Keller Bequest

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Mildred Cox by Susan Graham

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Peter Kaus by Susan Crutcher
Rev. Donald Waltkins by Wilma Watkins
Robert Curry by William Curry
Ruth Protas by Art & Mara Protas
Tucker Hein by David & Scotty
Ron Salmon by Rick & Sue Jordan

Community Organizations

American Legion Post 6
Chino Valley Elks Lodge #2842
Combined Federal Campaign Maricopa
Desert Rose Dancers
Mountain Club Women's Group
Prescott Noon Lions Club
Prescott Sunrise Lions Foundation
Prescott Valley Early Bird Lions Club
United Way Of Yavapai County
Valley of the Sun United Way
Yavapai Prescott Indian Tribe

In Honor of:

2017 PWC Gala Committee by Kathleen Ingalls
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by William & Charlotte Terry

Bill Nutting by Edwin Parry

Carol West's birthday by Dick & Pat Unkenholz
Dave Hattendorf by Charles & Delores Frank
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by Fritzi Mevis by Doris Masterson

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People will forget
what you said,
People will forget
what you did,
But people will never forget
how you made them feel.
~ Maya Angelou

Become a People Who Care Volunteer!

Volunteer Orientation and Information
Meetings are held monthly on the third
Wednesday of the month
from 1:30 to 3:30 p.m. in the
Prescott office on the Prescott United
Methodist Church Campus,
505 W. Gurley St.
Chino Valley and Prescott Valley/Dewey
meetings are held routinely
throughout the year.
Come and see if this is something that you
would like to do.

CONTACT INFORMATION

People Who Care

Mailing Address: P.O. Box 12977 Prescott, AZ 86304

PRESCOTT PROGRAM & MAIN OFFICE

Prescott United Methodist Church Campus 505 W. Gurley St.

Phone: 928.445.2480 Fax: 928.445.9370 E-mail: ppwc@cableone.net

CHINO VALLEY PROGRAM

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Phone: 928.636.3295 Fax: 928.636.3296

E-mail: cvpwc1@gmail.com

PRESCOTT VALLEY/DEWEY PROGRAM

8098 E. Valley Road #C Phone: 928.925.3066 E-mail: prescottvalleypwc@gmail.com